



HORARIO 2018



c/J.S. Bach, L 2D
Albir , Alfas del Pi

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Hora	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
09.00	VINYASA YOGA James	TAI CHI CARLOS	VINYASA YOGA James	TAI CHI CARLOS			PERSONAL TRAINING O SEMINARIOS (YOGA , ARTES MARCIALES, BAILES...) Alquiler de salas y restaurante / Fiestas y cumpleaños/ Empresas
10.00	AERO YOGA SASHA	Hatha YOGA Rosa	YOGA SASHA	VINYASA YOGA James	YOGA SASHA	Hatha YOGA Rosa	
11.10	YOGA SASHA	PILATES Diana	AERO YOGA SASHA	PILATES Diana	PILATES Diana	YOGA AIR Rosa	
12.20		VINYASA YOGA Tania				YOGA AIR reserva	
13.30							
17.30							
18.50	PILATES Diana	AERO YOGA SASHA	PILATES Diana	AERO YOGA SASHA	BAILES DE SALON		
20.00	HathaYOGA ROSA	YOGA SASHA	YOGA con elem aero Tania	HathaYOGA ROSA			
21.00							